



LIST OF TOOLS

Begging
Belittling
Black Mailing
Bribing
Bullying
Demanding
Dismissing
Flirting
Gaslighting
Giving the cold shoulder
Guilt Tripping
Humouring
Laying down the law
Pleading
Reasoning
Seducing
Silent Treatment
Sweet Talking
Threatening
Throwing a Tantrum
Write your own:
